

2010 McComb United Methodist Church Community Outreach 5K Run / Walk and Fun Run

Saturday, May 15th 2010

Race begins and ends at the McComb High School

Registration begins at 7:15 a.m. at the McComb High School Cafeteria

Fun Run, 8:30 a.m. † 5K Run/Walk, 9:00 a.m.

All proceeds will go to support the Outreach program.

Please bring one canned food item to the registration table on race day to help support our Community Food Pantry!

Fee: 5K Run/Walk (pre-registration) \$15, \$10 for students, postmarked by May 1st, 2010. Entries are non-refundable. Includes a t-shirt. Registration after May 1st, 2010 and day of the race \$20, does not guarantee a t-shirt. There is no rain date, no refunds.

Awards: Special awards to 1st Male and 1st Female, 1st Male and 1st Female Master (age 40+). Awards given to the top three M/F finishers in each age division (10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65 and over). All Fun Run participants will receive a participation award.

Door Prizes: There will be many door prizes awarded.

Any questions please email secretarymcumc@verizon.net with subject of '5K Run' or call 419-293-3350.

Registration Form on-line at: www.mccombumc.com or www.McCombOH.com

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Check one 5K or Fun Run Birth Date _____ M ___ F ___ Payment type: Cash Check # _____
Shirt: S M L XL XXL (circle one)

Name _____ Phone _____

Address _____ City _____ State _____ ZIP _____

Email _____ (please print clearly, results will be sent to this address)

Hereby for myself or my executors in consideration of the acceptance of this entry, waive for myself and my heirs any and all claims for damages against the sponsors, their representatives, and all race officials, for all claims of injury growing out of participation in this event. I attest and verify that I am physically fit to participate and am aware of the possible hazards of running this event.

Make checks payable to: **McComb United Methodist Church**

Mail to: **McComb United Methodist Church, PO Box 220, McComb Ohio, 45858**