

Race Calendar – May 2009:

All Findlay Strider Events are **BOLD**...favorites are in *italics*...blue print is a computer click link. Just put your cursor on the link and 'Control/click'.

Interested in Hashing? First and third Wed evening in Toledo; Hash May 20th, June 3rd and 17th regular evening time...website www.mudhenhhh.com. Local Hashers with information are: Chuck Lowery (419-454-2922) or Kim Carty (419-423-8803) . **Red Dress Run Saturday May 30th**.



May 9, Sat: [Daisy Run 5K](#); 9 AM, Marblehead Fire Station, Marblehead , OH, Kelly Schiewe: (419)625-0744

May 9, Sat: Docs-n-Socks 5K run/walk, 9AM, FASTAR Physical Therapy, 1733 Western Ave, SuiteC, Findlay OH ([map](#)); <http://www.ohioorthopaedics.com/news/Docs-n-Socks5k.asp>

May 16, Sat: Dart Frog Dash, 8:30am; Toledo Zoo - [map](#); Contact: Robin Guidera-(419)-385-5721. [More Information and Online Registration](#)

May 16, Sat: [Bridge the Gap 5K](#), Norwalk, OH; Joyce Dupont (419)-663-5920

May 17, Sun: BOB SEMER MEMORIAL 10K, 2:00 pm, \$12 if registered by May 10th, \$15 on day of race; contact Gregg Gerbert (419) 334-5704 or Marc Glotzbecker at (419) 334-5906, [RaceForms\Bob Semer 10K.2009.pdf](#)

May 23, Sat: [Jon Martin 5K](#), Bellevue Rec Center, Bellevue, OH; Vicki Schoen (419)483-2526

May 23, Sat: Wood County Fraternal Order of Police 5K Run/Walk; 8:30am, Wood County Fair Grounds, Bowling Green ([map](#)); Registration starts at 7:30, info call (419)353-9728 or fop109@verizon.net, [ENTRY FORM](#)

May 29th, Fri: Relay For Life-Hancock County, 6pm – Sat, May 30, 12pm; Liberty Benton High School Stadium, This is an 18 hour run or walk relay fundraiser for the local chapter of the American Cancer Society. Come join the Strider Team: Team Picture and Survivor Lap 5-6PM Friday, TEAM LAP during Sat 8@8 run. Call or e-mail Paul Smith, 419-421-2214 or widopen132@msn.com

May 30, Sat: 2K/5K Walk/Trot in Support of Kids! 2pm, Pemberville Elementary School, Pemberville, Ohio ([map](#)) Registration starts 12:00 noon; information go to www.serenityfarm.org

May 31st, Sun: Inaugural Concord Distance Classic Half Marathon & 5K; 8:00am, Gristmill Plaza; Concord, OH; registration race day is \$50; <http://www.northeastrunningclub.org/CDC/index.html>; sponsored by <http://www.northeastrunningclub.org/>.

A quick look ahead:

June 6, Sat: [East Harbor 5K](#); East Harbor State Park, Lakeside/Marblehead, OH; Jody Geyer (419)734-4435

June 13th, Sat: Tenth Annual Hubbard Company Apache Run 5K Run/Walk, Alex's One Mile Fun Run, 8:30am, Fairview Elementary School, (14060 Blosser Road, Sherwood, OH 43556) ([map](#)), Contact Curt Foust: cdfoust@hotmail.com , benefits Fairview Athletic Boosters.| [ENTRY FORM](#)

June 14, Sun: [Kelleys Island 5K&10K](#); Kelleys Island, OH; Tom Etchill (419)625-9512

June 20, Sat: THE NEWS-MESSENGER 31ST ANNUAL CAMELBACK 4 MILER; 8:30 AM, FREMONT COMMUNITY RECREATION COMPLEX, 600 ST. JOSEPH STREET, FREMONT, OH ([RaceForms\Camelcack 4-Miler.2009.pdf](#))

June 20, Sat: [Fish Festival 5K & 1 mile walk](#); 9 am, Vermilion, OH; Deb Johnson (440)967-4208 or Kelly Schiewe (419)625-0744

June 20, Sat: Metroparks Happy Trails 5K, 9am, Wildwood Metropark, 5100 W. Central ([map](#)), Contact Marge Dembowski: 419-407-9727

June 21, Sun: THE INAUGURAL NORTHCOAST INLAND TRAIL RELAY; 8:00 am, Teams of four runners or two runners will cover the distance of the Northcoast Inland Trail from Clyde to Elmore (22 miles), Teams can be made up of: Male/Male, Female/Female or Mixed; information- (419) 334-5906 ([RaceForms\North Coast InlandTrail relay.2009.pdf](#))

June 22, Mon: Woodmore 5K Run/Walk, 6:30pm, Woodmore High School, Elmore Ohio ([map](#)); Contact Jeryl Nagy: (419)862-2356. [ENTRY FORM](#)

June 27, Sat: 5K Rec Run, Bellevue, OH; Howard Cotterill (419)483-7688, Vicki Schoen (419)483-2526

July 4, Sat: Freedom 5K, 9 AM; Entry Fee: \$10/\$15; race's website: <http://www.freedom5k.com>, Lima, OH; Faurot Park, Contact- Stephanie Hemmer, steff@wlio.com, Phone: (419) 228-8835

July 4, Sat: [Regatta 5K](#), 8:30 am, Sandusky, OH; Melissa Zeiger (419)625-5269 or Tom Etchill (419)625-9512

July 4, Sat: 16th Annual Starr Spangled 5k; 8am, 3230 Starr Ave. Oregon, OH 43616 ([map](#)); Contact: Dan Reardon, dannej1@aol.com , 419-693-4058, [ENTRY FORM](#)